



# Unique team sport ... join us!

**Nottingham Korfball Club** are always looking for new male & female members to join our Award Winning club. All ages & abilities are welcome, no previous Korfball experience is necessary.

Korfball is a mixed team sport played by passing & shooting a ball by hand to score in a basket 3.5 metres above the ground, whilst defending the other basket from an opposing team.



**Expert coaching:**  
develop new skills & improve your fitness



**Competitive:**  
Local, national & international competition



**Mixed sex teams:** the World's only truly mixed team sport



**Regular socials & post-training drinks:** make new friends & have some fun!

## **Training:**

Tuesdays at Rushcliffe Arena, Rugby Road, West Bridgford

- 6.30-7.30pm Junior training
- 7.30-9.30pm Adult training
- Try before you buy! First 2 sessions free (3 for Citycard holders).
- Just turn up on any Tuesday night!

**For more information visit: [www.nottskorfball.co.uk](http://www.nottskorfball.co.uk)**

**Or email: [contacts@nottskorfball.co.uk](mailto:contacts@nottskorfball.co.uk)**